



Skate Houston 2017
Texas Gulf Coast Figure Skating Club
September 2 – September 4, 2017

The Skate Houston 2017 will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

ELIGIBILITY/TEST LEVEL:

Test level: Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event. Skaters who placed in the top four in a final round of their last qualifying competition in their divisions must move up one level, except for novice and higher.

Age restrictions/requirements: Skaters entering juvenile or **Pre-Juvenile** free skate events (Well Balanced Program) must be under 14 years of age at the close of entries. Skaters entering open juvenile or **Open Pre-Juvenile** free skate events (Well Balanced Program), must be at least 14 years of age at the close of entries.

Skaters entering beginner–pre-juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group.

ENTRIES: Registrations will be processed using EntryEeze Online registration. To access EntryEeze, please visit www.texasgulfcoastfsc.org. No paper entries will be accepted. On line registrations will be accepted through **July 17, 2017**. Only complete entries, including all signatures and US Figure Skating number will be accepted (if number is pending, please write PENDING). Late entries may be accepted at the discretion of the competition committee and chief referee, but must include a late fee of \$50. The competition committee reserves the right to limit entries to any event or to cancel an event based upon time restrictions.



Events/Fees:

Combined Fee – Intermediate, Novice, Junior & Senior Events	\$175.00
First event, Test Track, Pre-Preliminary through Juvenile, Solo Dance and Adult Events	\$125.00
Additional Singles / Solo Dance Events (Each Event)	\$50.00 / Event
Intermediate, Novice, Junior & Senior Pairs – Combined Events Junior and Senior Couples Dance	\$75 / Partner
Pre-Juvenile, Juvenile and Adult Pairs Free Skate Events Pre-Juvenile through Novice, Adult Pre-Gold & Gold Couples Dance	\$62.50/ Partner

CRITIQUES: Critiques will be offered for \$35.00 for Juvenile through Senior free skate events for both singles and pairs. If you would like to be critiqued you **must sign up online prior to registration deadline**, or you will **not** receive a critique.

REFUND POLICY: Entry fees will not be refunded after July 21, 2017 unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. The online processing fees are not refundable. Checks returned for non-sufficient funds and contested credit card charges will be issued a \$35.00 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events. Notification of competition and practice ice times will be available by email and EntryEeze website.

FACILITIES: Skate Houston will be held at the dual ice surface, Sugar Land Ice & Sports Center, 16225 Lexington Blvd., Sugar Land, TX 77479. Each ice surface is 200' X 85' with rounded corners. The Sugar Land Ice & Sports Center contains a pro shop, restaurant, and locker rooms for changing skating outfits. The Sugar Land Ice & Sports Center is a free-standing facility and can be chilly. Please be sure to dress accordingly

MUSIC: UPLOAD/SUBMISSION-Online music submission is the ONLY acceptable method to submit program music. The uploaded program MUST conform to the following specifications:

- Only one piece of competition program music (e.g. Short Program, Free Skate, etc.) per file is allowed.
- The uploaded file must be an **MP3** File. Simply changing the file extension to "mp3" from another file format is not acceptable.
- **Bit Rate of 192 kbps** or higher is requested.
- The file should not contain any ID3 metadata (tags). Especially NO embedded images such as album cover art, picture of the skater, etc.
- Leaders and trailers (the silence or "dead space" before and after the actual start and end of the program music) may not exceed two (2) seconds. We prefer that there be **NO leaders or trailers** at all. Excessive leaders and trailers may disrupt the playing of the music during competition.

After you have registered and paid for your events in EntryEeze, the system will prompt you to upload your music for each

event that requires music. If your music is not available at that time, you can logout of your account and return later to upload your music by going to the "competition" tab and then selecting "My Music".

Please have separate CDs for practice.

Please have separate CD's immediately available rinkside during competition should there be a music issue.

Music issues during a performance - In most situations, the event referee will NOT stop a performance due to music skipping, poor quality, music stops completely, incorrect tempo or similar issues. For such situations during a performance, the skater should immediately approach the event referee for resolution. Please note rule 1403 C of the USFS rulebook: If the tempo or quality of the music is deficient, the competitor/couple/team must stop skating and notify the event referee.... Backup music must be readily available at rinkside

- Clearly marked with a permanent marker with the skater's first and last name and event.
- Only one (1) music track. Any disk with more than one track is NOT acceptable
- Lead in time on CD's may not exceed two (2) seconds.
- Music may NOT be submitted on re-recordable CDRW disks

The LOC is NOT responsible for damage to or loss of CDs. CDs not picked up by the end of the competition are NOT the responsibility of the LOC and will be destroyed.

The LOC may assess each competitor an additional charge of \$25 per event if the competitor:

- Fails to submit their music prior to the close of online music submission
- Submits files that do not correspond to the specifications above or
- Submits with the incorrect music or needs to make changes to their music after the close of online music submission

LIABILITY: U.S. Figure Skating, Texas Gulf Coast FSC, and Sugar Land Ice & Sports Center accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM:

The International Judging System (IJS) will be used for the following events:

- *Well Balanced Program free skate events, juvenile – senior and Open Juvenile*
- *Short program events, juvenile – senior and open juvenile*
- *Adult Gold and Adult Master free skate events*
- *Pairs free skate events, juvenile – senior*
- *Pairs short program events, intermediate – senior*

All competitors skating in these events need to submit the planned program content form online. This form is found in the Member's Only section at www.usfigureskating.org. The deadline to submit the form is August 11, 2017

The 6.0 Majority Judging System will be used for:

- *Well Balanced Program free skate events, pre-preliminary – pre-juvenile*

This event is a standard U.S. Figure Skating Nonqualifying Competition
LG/10-1-14



- Introductory free skate events (beginner, high beginner, no-test)
- All Test Track events
- All specialty singles events (spins, jumps, compulsory moves, etc.)
- Adult pre-bronze, bronze and silver free skate events
- Free dance events, all levels
- Short dance events, all levels
- Pattern dance events, all levels
- Solo dance, all levels

REGISTRATION: Registration will begin on Friday, September 1st evening starting at 6:00pm and end at Sunday. Registration will be open one to two hours before the first event and run through the last event of the day. The registration table will be located in lobby of the rink. Please register promptly upon arrival.

PRACTICE ICE A limited amount of practice ice will be available before and during the competition beginning Friday, September 1, 2017. Rates are \$15.00 per 30 minute session for all practice ice sessions. To reserve practice ice, purchase sessions online with your EntryEeze registration. If available, additional practice ice sessions may be purchased on a first-come, first-serve basis at the Practice Ice Table at a rate of \$18.00 (30 minute session) for all other competitors. Using the online registration system you may pay for your practice ice at time of registration. You will only be allowed to pre-pay for 1 practice ice session for 6.0 free skate events and 2 practice ice sessions for IJS events (short program and free skate program). Once the competition schedule has been finalized you will receive an e-mail notifying you that it is time to select your specific practice ice days and times.

There will be limited amount of practice ice available the days of the events. Please plan on attending the practice ice offered on Friday, September 4th.

PHOTOGRAPHY/VIDEOGRAPHY: DVD's, awards photographs, and action photographs will be available through the official event photographer **Kevin Devine**. He will also be available to take individual photographs by appointment. Orders for DVDs, awards photographs, action photographs, and individual photographs may be placed at the video / photography tables. Hand-held personal video equipment for personal use only will be permitted in the bleacher areas only. Personal video equipment may not be plugged into arena outlets or extension cords. Flash or artificial lighting is not allowed during competition events or practice sessions. **The competition committee reserves the right to restrict personal videotaping to your skater's events only.** Photos of skaters on the awards podium are available through the official competition photographer. **Personal photographs are not permitted to be taken while skaters are on the awards podium.**

AWARDS: Medals will be awarded to first, second, third and fourth place winners in all events. Ribbons will be awarded to fifth and sixth place winners. Trophies will be awarded to Preliminary, Pre-Juvenile, Juvenile, Intermediate, Novice, Junior, and Senior final round winners if number of entries warrant and time permits for final rounds to be held.

Awards will be presented off-ice at the photographer's table after the results for the event are posted.

The **KITTY CARRUTHERS-CONRAD TROPHY** will be awarded to the skater placing 1st in the

Novice Ladies combined events.

OFFICIAL NOTICES: Official notices regarding Skate Houston will be posted on the Texas Gulf Coast FSC bulletin board in the lobby of the Sugar Land Ice & Sports Center. Competitors and coaches are responsible for periodically checking the bulletin board for schedule changes, important announcements, and/or additional information. Competitors should report to the ice monitor approximately 45 minutes prior to their scheduled event time. Information will be posted on <http://www.texasgulfcoastfsc.org>.

INFORMATION REGARDING COACHES:

U.S. Figure Skating Rule MR 5.11 Coach Registration

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;

B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.

C. Must complete the appropriate CER courses (A, B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.

D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Learn to Skate USA ONLY coaches - Any person, 18 and older, instructing a Learn to Skate USA Program must have successfully passed the annual background screen and be registered as a Learn to Skate USA instructor.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without proper registration is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to:

<http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf>

CONTACT INFO: If you have questions, please contact skatehouston@texasgulfcoastfsc.org or view the EntryEeze website for updates.

ACCOMODATIONS:

Springhill Suites by Marriott

13434 Southwest Freeway

Sugar Land, TX 77478

713-234-7997

\$94.00 / night and includes a breakfast buffet.

This event is a standard U.S. Figure Skating Nonqualifying Competition
LG/10-1-14



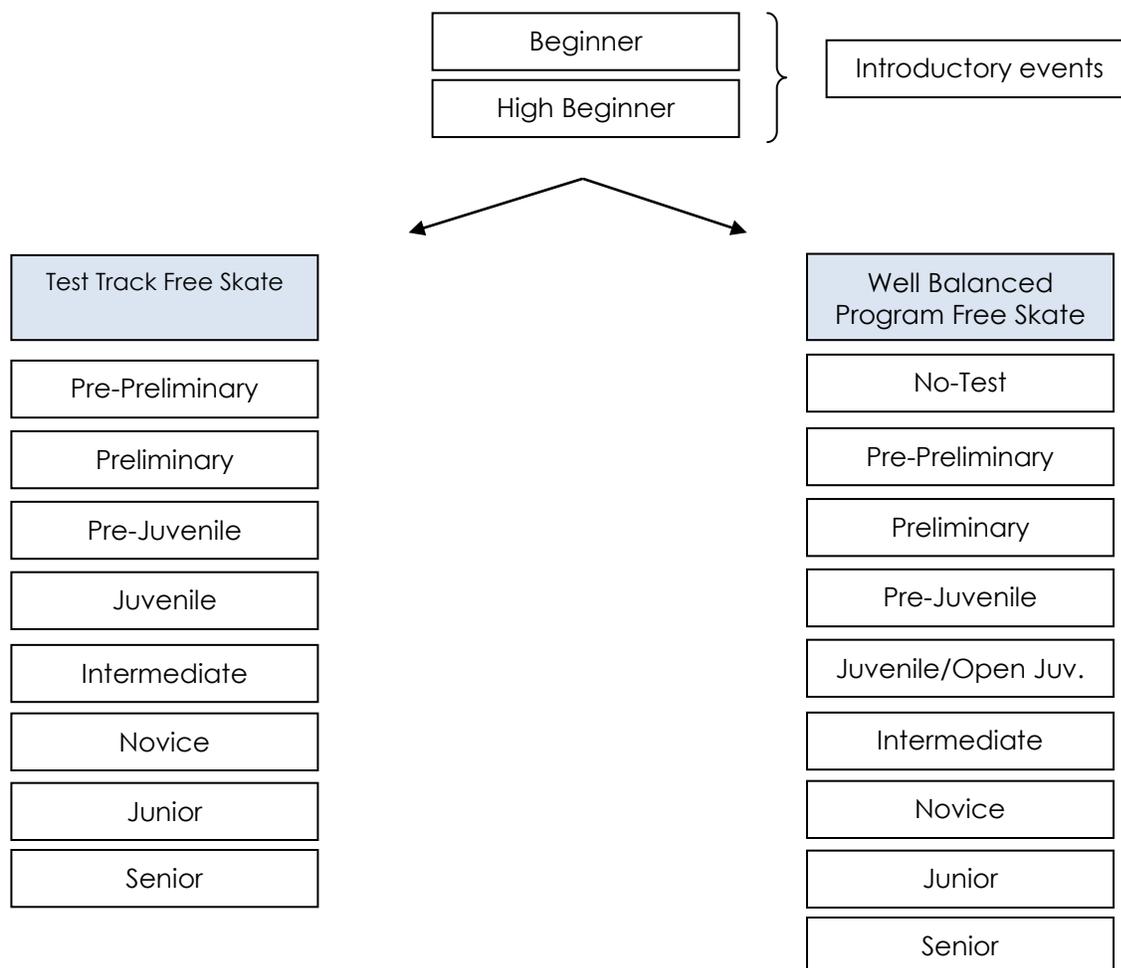
Hyatt Place

PLUSH FLOWERS/PROGRAM ADVERTISEMENTS: Plush toys are allowed to be thrown on the ice. Please keep amount of toys thrown at a minimum. This is for the safety of the skater and to keep delays to the competition at a minimum. **Please do not throw live flowers on the ice. The flowers can leave pedals and leaves that can freeze on the ice causing delays.** Forms to advertise in the program are in this announcement. Don't forget to wish your skater or club good luck, or to thank a coach for all they've done!

SINGLES FREE SKATING EVENTS

See current rulebook or click [here](#) for current rules and requirements.

Illustration of Singles Free Skating Events:



EVENT: Introductory Levels Free Skate Program

General event parameters:

- Skaters will skate to the music of their choice.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:40 maximum	<p>Max. 5 jump elements:</p> <ul style="list-style-type: none"> • Jumps with no more than one-half rotation (front to back or back to front). • Max. 2 jump sequences • Max. 2 of any same jump 	<p>Maximum of 2 spins:</p> <ul style="list-style-type: none"> • Two upright spins, no change of foot, no flying entry (Min. 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
High Beginner 1:40 maximum	<p>Max. 5 jump elements:</p> <ul style="list-style-type: none"> • Jumps with no more than one-half rotation (front to back or back to front including half-loop) • Single rotation jumps: Salchow and toe loop only. • Max. 2 jump combinations or sequences • Max. 2 of any same type jump. 	<p>Maximum of 2 spins:</p> <ul style="list-style-type: none"> • Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
No-Test 1:40 maximum	<p>Max. 5 jump elements:</p> <ul style="list-style-type: none"> • Single jumps, with the exception of the single Axel, are allowed • Maximum of 2 jump combinations or sequences • Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is permitted • Jump sequences are limited to a maximum of 3 single jumps (half-loop is considered a listed jump with the value of a single loop when used in a 	<p>Max. 2 spins:</p> <ul style="list-style-type: none"> • Spins must be of different character. (For definition see rule 4103E) □ Each spin must have a Minimum of 3 revolutions. • Spins may start with a fly • Spins may change feet, position and start with a fly. 	<ul style="list-style-type: none"> • Step sequence* • Must use one-half the ice surface • Moves in the field and spiral sequences are permitted but will not be counted as elements. • Jumps may be included in 	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test

	sequence or combination) <ul style="list-style-type: none"> No single Axels , double jumps jumps or triple jumps are allowed 		the step sequence	
--	--	--	-------------------	--

EVENT: 2016-17 Test Track Free Skate – Introductory through Senior levels

General event parameters:

1. Skaters may not enter both a Well-Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
2. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
3. Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or “skate up” to one level higher.
4. Minimum number of spin revolutions are in () following the spin description. Revolutions must be in position.
5. The following deductions will be taken:
 - 0.1 from each mark for each technical element included that is not permitted in the event description.
 - 0.2 from the technical mark for each extra element included.
 - 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences	Qualifications
Pre-Preliminary 1:40 maximum	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> Jumps with not more than one-half rotation (<i>front to back or back to front including half-loop</i>) Single rotation jumps: Salchow, toe loop and loop only. Max. 2 jump combinations or sequences Max. 2 of any same type jump 	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> Two spins of a different nature, one position only. No change of foot, no flying entry. (Min. 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
Preliminary 1:30 +/- 10 sec.	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> Jumps with not more than one rotation (no Axels). Max. 2 jump combinations or sequences Max. 2 of any same type jump 	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> One spin in one position; no change of foot, no flying entry. (Min. 3 revolutions) One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot) 	Connecting moves and steps should be demonstrated throughout the program	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test



Pre-Juvenile 2:00 +/- 10 sec.	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> • Jumps with not more than one rotation (no Axels). • Max. 2 jump combinations or sequences • Max. 2 of any same type jump 	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> • One spin in one position, no change of foot (Min. 3 revolutions) • One combination spin: forward camel spin to forward sit spin; change of foot optional (Min. 6 revolutions). Spins may not fly. 	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test
Juvenile 2:15 +/- 10 sec.	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> • Any single jumps, including Axel, are permitted. • Max. 2 jump combinations or sequences • Max. 2 of any same type jump 	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> • One solo spin in one position, no change of foot (Min. 4 revolutions). • One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions. (Min. 4 revolutions per foot) • <i>Only solo spin may fly</i> 	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test
Intermediate 2:40 +/- 10 sec. Effective February 1, 2017, an additional ten seconds was added to match program length. Program length is 2:40 +/- 10 seconds,	<p><i>Maximum of 6 jump elements:</i></p> <ul style="list-style-type: none"> • Any single jumps. • Double jumps permitted: double Salchow and double toe loop. • Maximum of 3 jump combinations or sequences • Max. 2 of any same type jump 	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> • One must be a flying spin (min 5 revolutions), • One must be a combination spin with at least one change of foot and at least one change of position (minimum 4 revolutions per foot). 	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test

<p>Novice</p> <p>Ladies: 3:00 +/- 10 sec. Men: 3:30 +/- 10 sec.</p>	<p>Maximum of 7 jump elements for men and 6 for ladies:</p> <ul style="list-style-type: none"> Any single jumps. Double jumps permitted: double Salchow, double toe loop and double loop. Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	<p>Maximum of 3 spins, of a different nature:</p> <ul style="list-style-type: none"> One must be a combination spin with at least one change of foot and at least one change of position (min 5 revs per foot) The other spins are the option of the skater (min 6 revolutions per foot) All spins may fly 	<p>One step sequence or spiral sequence fully utilizing ice surface (see rule 4104 & 4105 for remarks)</p>	<p>Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test</p>
<p>Junior</p> <p>Ladies: 3:30 +/- 10 sec. Men: 4:00 +/- 10 sec.</p>	<p>Maximum of 8 jump elements for men and 7 for ladies:</p> <ul style="list-style-type: none"> Any single jumps. Double jumps permitted: double Salchow, double toe loop, double loop and double flip Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	<p>Maximum of 3 spins of a different nature:</p> <ul style="list-style-type: none"> One spin in one position (Min. 6 revolutions) One flying spin (Min. 6 revolutions) One combination spin consisting of all three basic positions and one change of foot (2 per position, min. 5) revolutions per foot) 	<p>One step sequence fully utilizing ice surface (See rule 4105 for remarks)</p>	<p>Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test</p>

<p>Senior</p> <p>Ladies: 4:00 +/- 10 sec. Men: 4:30 +/- 10 sec.</p>	<p>Maximum of 8 jump elements for men and 7 for ladies:</p> <ul style="list-style-type: none"> • Any single jumps. • Must include at least four different double jumps, one must be a double Lutz. • Triple jumps are not permitted • Maximum of 3 jump combinations or sequences • Max. 2 of any same type jump 	<p>Maximum of 3 spins of a different nature:</p> <ul style="list-style-type: none"> • One spin in one position (Min. 6 revolutions) • One flying spin (Min. 6 revolutions) • One combination spin consisting of all three basic spin positions and one change of foot (2 per position, min. 5 revolutions per foot) 	<p>Men: Two different step sequences, one being of advanced difficulty, both fully utilizing the ice surface. (See rule 4105 for remarks)</p> <p>Ladies: One step sequence of advanced difficulty, covering the full ice surface and either one spiral sequence or choreographic sequence. (See rule 4104 & 4105 for remarks.)</p>	<p>Skaters must have passed at least the U.S. Figure Skating junior free skate test</p>
---	---	--	--	---

WELL BALANCED FREE SKATE AND SHORT PROGRAM EVENTS

General event parameters:

1. Skaters may not enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
2. Skaters will skate to the music of their choice.
3. See the Rule noted below for each level for test qualifications and age requirements. Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
4. Either IJS or the 6.0 judging system may be used for these events.
5. All relevant and appropriate IJS rules will be used. Coaches and athletes are expected to be aware of these rules by reading the documents on www.usfigureskating.org, under "Technical Information," then "Singles/Pairs".
6. Genders may be combined in all Adult events.
7. Free Skate Events.

International Judging System

Juvenile Free Skate Program – Rule 4240limi

Open Juvenile

Intermediate Free Skate program – Rule 4230

Novice Free Skate program – Rule 4220

Junior Free Skate program – Rule 4210

Senior Free Skate program – Rule 4200

This event is a standard U.S. Figure Skating Nonqualifying Competition
LG/10-1-14



6.0 Majority

- o Pre-Preliminary Free Skate program – Rule 4270
- o Preliminary Free Skate program – Rule 4260
- o Pre-Juvenile Free Skate program – Rule 4250 with age requirement of under 14 years.
- o *Open Pre-Juvenile Free Skate program – Rule 4250 with age requirement of 14 years or older
- o Adult Pre-Bronze Free Skate program – Rule 4600
- o Adult Bronze Free Skate program – Rule 4590
- o Adult Silver Free Skate program – Rule 4580
- o Adult Gold Free Skate program – Rule 4570
- o Adult Masters Intermediate-Novice – Rule 4540
- o Adult Masters Junior-Senior – Rule 4510

8. Short Program Events.

International Judging System

2017-18 Short Program Requirements will be used

- o Juvenile/Open Juvenile Short program – Rule 4230 (same as Intermediate)
- o Intermediate short program – Rule 4230
- o Novice short program – Rule 4220
- o Junior short program – Rule 4210 (2017-2018 requirements)
- o Senior short program – Rule 4200

SINGLES SHORT PROGRAM

The short program events listed below will be skated. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

- A. Intermediate short program – Rule 4230
- B. Novice short program – Rule 4220
- C. Junior short program – Rule 4210
- D. Senior short program – Rule 4200

COMBINED SHORT PROGRAM & WELL BALANCED FREE SKATE EVENTS

If entries warrant and time permits, an initial and final round will be held for Pre-Preliminary, Preliminary, Pre Juvenile, and Juvenile Well-Balanced Free Skate Events, as well as Intermediate, Novice, Junior and Senior combined singles events. For Intermediate and up the initial round shall consist of Short Program and Free Skate; and the Final round shall consist of Free Skate only. Advancement to Final round for Intermediate and above will be based on combined score of short and free skate programs of qualifying round. The number of skaters advancing to final rounds is the decision of the competition referee based on available time and number of entries. The number that will advance will be posted before the competition.

Juvenile Short Program will be a single event (the free skate is separate). For intermediate and above, the short program and well balanced free skate is a combined event. You must enter both.

A skater may not enter both Test Track level events and Well Balanced events. You have to pick one or the other.

The Championship final round will consist of the long program only

INITIAL / FINAL ROUND FOR FREE SKATE EVENTS

If entries warrant, a final round free skate will be held for Pre-Preliminary, Preliminary, Pre-Juvenile, Juvenile, Intermediate, Novice, Junior, and Senior events.

FINAL ROUND is based on combined short/freeskate score.

The Final Round will consist of the Free Skate program only.

EVENT: COMPULSORY MOVES

STANDARD LEVELS COMPULSORY EVENTS

General event parameters:

In simple program form using a limited number of connecting steps, and the skating order of the required elements is optional.

Pre-Preliminary – Juvenile: Elements skated on ½ ice.

Intermediate – Senior: Elements skated on full-ice.

Elements may be performed only once.

Music is not allowed.

Level	Time	Skating rules/standards
Beginner	1:15 max.	<ol style="list-style-type: none"> 1. Waltz jump 2. ½ jump of choice 3. Forward two-foot or one-foot spin, minimum three revolutions (free leg position optional) 4. Forward or backward spiral
High Beginner	1:15 max.	<ol style="list-style-type: none"> 1. Toe loop jump 2. Salchow jump 3. Forward scratch spin - minimum three revolutions 4. Forward or backward spiral
No-Test	1:15 max.	<ol style="list-style-type: none"> 1. Loop jump 2. Jump combination to include a toe loop (may not use a loop or Axel) 3. Solo spin - sit or camel spin - minimum three revolutions 4. Spiral sequence, must include a forward and backward spiral. Additional spirals and balance moves may be included.
Pre – Preliminary	1:15 max.	<ol style="list-style-type: none"> 1. Single Toe Loop (for competitions held after January 1, 2015) 2. Jump combination: single/single (no Axel) 3. Sit spin or camel spin - minimum three revolutions 4. Spiral sequence with one forward spiral and one backward spiral (any edge)
Preliminary	1:15 max.	<ol style="list-style-type: none"> 1. Single Lutz 2. Jump combination: single/single (may include Axel) 3. Back upright spin - minimum three revolutions 4. Forward inside spiral
Pre – Juvenile & Open Pre-Juv.	1:15 max.	<ol style="list-style-type: none"> 1. Single jump (may include Axel) 2. Jump combination: single/single (may include Axel) 3. Layback spin or camel spin - minimum three revolutions 4. Step sequence - circular
Juvenile & Open Juv.	1:15 max.	<ol style="list-style-type: none"> 1. Single Axel 2. Jump combination: single/single or double/single 3. Layback spin or camel spin - minimum three revolutions 4. Step sequence – circular
Intermediate	1:30 max	<ol style="list-style-type: none"> 1. Double Salchow or double toe loop 2. Jump combination: single/single or double/single 3. Flying spin, minimum five revolutions 4. Step sequence – straight line
Novice	1:30 max	<ol style="list-style-type: none"> 1. Double Loop 2. Jump combination: double/single or double/double 3. Flying spin, minimum five revolutions

		4. Step sequence – straight line
Junior	1:30 max	1. Double Flip 2. Jump combination: double/double or triple/double 3. Combinaiton spin, minimum 10 revolutions 4. Step sequence – straight line
Senior	1:30 max	1. Double lutz 2. Jump combination: double/double or triple/double 3. Combinaiton spin, minimum 10 revolutions 4. Step sequence – straight line

Adult COMPULSORY EVENTS

General event parameters:

Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. Only required elements may be included.

All events are skated on ½ ice.

Minimum number of revolutions are noted in parentheses.

Level	Time	Skating rules/standards
Adult Beginner	1:15 max.	1. Forward Cossovers (min. 5 consecutive) 2. Waltz Jump 3. Two foot upright spin 4. Forward spiral (any edge)
Adult Pre-Bronze	1:15 max.	1. Backward crossovers (min. 5 consecutive) 2. Waltz Jump 3. Forward upright spin (min. 3 revolutions) 4. Forward outside spiral
Adult Bronze	1:15 max.	1. Single Salchow 2. Waltz Jump – toe loop combination jump 3. Sit spin (min. 3 revolutions) 4. Spiral sequence (min. 2 spirals)
Adult Silver	1:30 max.	1. Single Loop 2. Single/Single jump combinaiton 3. Sit spin (min. 3 revolutions) 4. Straight Line step sequence
Adult Gold	1:30 max.	1. Single Lutz or Axel 2. Single/single or single/double jump combination 3. Camel spin (min. 4 revolutions) 4. Straight line step sequence
Masters Intermediate/Novice	2:00 max.	1. Axel, double Salchow, double toe loop or double loop 2. Jump combination (double/double, single/double, or double/single) that may include double Salchow, double toe loop or double loop and any single jump including axel. 3. Solo spin of skater's choice (min. 6 revolutions) 4. Straight line step sequence
Masters Junior/Senior	2:00 max	1. Choice of any double jump 2. Jump combination that may include any double jump 3. Solo spin of skater's choice (min. 8 revolutions) 4. Straight line step sequence

SINGLES JUMPS CHALLENGE

General event parameters:

1. If dissatisfied with first attempt, the skater may execute a second jump attempt. If performed, the second attempt will be the one judged..
2. Pre-juvenile and lower will be skated ½ ice; Juvenile – senior will be skated on full ice
3. Adult silver and lower will be skated ½ ice; adult gold – masters junior/senior will be skated on full ice
4. Jumps with an "*" must be preceded with connecting steps (intermediate – senior)

Level	Time	Skating rules / standards
Beginner	1:15 max.	<ol style="list-style-type: none"> 1. Waltz jump (from backward crossovers) 2. ½ flip or ½ Lutz 3. Single Salchow
High Beginner	1:15 max.	<ol style="list-style-type: none"> 1. Waltz jump (from backward crossovers) 2. Single Salchow 3. Jump combination – waltz jump-toe loop
No-Test	1:15 max.	<ol style="list-style-type: none"> 1. Single toe loop 2. Single loop 3. Jump combination – Any two ½ or single revolution jumps (no Axel)
Pre – Preliminary	1:15 max.	<ol style="list-style-type: none"> 1. Single toe loop 2. Single flip 3. Jump combination - Any two ½ or single revolution jumps (no Axel)
Preliminary	1:15 max.	<ol style="list-style-type: none"> 1. Single flip 2. Single Lutz 3. Jump combination – Any single jump + single loop (may be Axel)
Pre – Juvenile & Open Pre-Juv.	1:15 max.	<ol style="list-style-type: none"> 1. Single Axel 2. Single or double jump 3. Jump combination – single/single (no Axel)
Juvenile & Open Juv.	1:30 max.	<ol style="list-style-type: none"> 1. Single Axel 2. Double Salchow 3. Jump combination – single/single or double/single (no Axel)
Intermediate	1:30 max.	<ol style="list-style-type: none"> 1. Single Axel 2. Double Loop* 3. Jump combination – double/single (no Axel)
Novice	1:45 max.	<ol style="list-style-type: none"> 1. Double Loop 2. Double Flip* 3. Jump combination –double/double (may be double Axel)
Junior	1:45 max.	<ol style="list-style-type: none"> 1. Choice of double or triple jump 2. Double or Triple Flip* 3. Jump combination –double/double (may be double Axel)
Senior	1:45 max	<ol style="list-style-type: none"> 1. Choice of double or triple jump 2. Double or Triple Lutz* 3. Jump combination –double/double or triple/double (may be double Axel)

Adult Levels Jump Challenge

General event parameters:

If dissatisfied with first attempt, the skater may execute a second jump attempt. If performed, the second attempt will be the one judged.

Adult silver and lower will be skated $\frac{1}{2}$ ice; adult gold – masters junior/senior will be skated on full ice. Jumps with an “**” must be preceded with connecting steps (intermediate – senior).

Level	Time	Skating rules / standards
Adult Beginner	1:00 max.	<ol style="list-style-type: none"> 1. Bonny Hop 2. Mazurka or ballet jump
Adult Pre-Bronze	1:00 max.	<ol style="list-style-type: none"> 1. Waltz or toe loop jump 2. $\frac{1}{2}$ flip, $\frac{1}{2}$ Lutz or $\frac{1}{2}$ loop 3. Sit spin (3)
Adult Bronze	1:00 max.	<ol style="list-style-type: none"> 1. Single Salchow 2. Single toe loop 3. Any single jump + single toe loop combination (No axels allowed)
Adult Silver	1:15 max.	<ol style="list-style-type: none"> 1. Single Flip 2. Single Loop 3. Single/single combination (Axel permitted)
Adult Gold	1:15 max.	<ol style="list-style-type: none"> 1. Single Axel 2. Single Lutz 3. Single/single or single/double jump combination (may include any single jump, double toe loop or double Salchow)
Masters Intermediate/Novice	1:30 max.	<ol style="list-style-type: none"> 1. Axel 2. Double Salchow, double toe loop or double loop 3. Jump combination (double/double, single/double or double/single) that may include double Salchow, double toe loop or double floop and any single jump including Axel
Masters Junior/Senior.	1:30 max.	<ol style="list-style-type: none"> 1. Double loop or double flip 2. Double Lutz 3. Jump combination that may include any double jump

SINGLES SPINS CHALLENGE

This event is a standard U.S. Figure Skating Nonqualifying Competition
 LG/10-1-14



General event parameters:

Spins may be skated in any order

Connecting steps are allowed, but will not be taken into consideration in scoring.

Spins may not be repeated. Only required elements may be included.

All events are skated on ½ ice with no music.

Minimum number of revolutions are noted in parentheses.

Genders may be combined

Level	Time	Skating rules / standards
Beginner	1:30 max.	1. Upright one-foot spin (3) 2. Upright two-foot (3) 3. Sit spin (3)
High Beginner	1:30 max..	1. Upright one-foot spin (3) 2. Upright two-foot (3) 3. Sit spin (3)
No-Test	1:30 max.	1. Upright one-foot spin (3) 2. Upright two-foot (3) 3. Sit spin (3)
Pre – Preliminary	1:30 max.	1. Upright one-foot spin (3) 2. Upright two-foot (3) 3. Sit spin (3)
Preliminary	1:30 max.	1. Forward scratch to backspin (3) 2. Combination spin no change of foot (4) 3. Sit spin (3)
Pre – Juvenile & Open Pre-Juv.	1:30 max.	1. Camel spin (3) 2. Combination spin – camel to sit spin; no change of foot (6) 3. Forward to backward scratch spin (3 per foot)
Juvenile & Open Juv.	1:30 max.	1. Sit spin (4) 2. Combination spin – with change of foot; optional change of position (4 per foot) 3. Girls – layback spin (4); Boys – camel spin (4)
Intermediate	1:30 max.	1. Camel spin (5) 2. Sit spin to backward sit spin (4 per foot) 3. Combination spin – change of foot & change of position (4 per foot)
Novice	1:30 max.	1. Choice of camel, sit or layback spin (6) 2. Camel spin to backward camel spin (4 per foot in position) 3. Combination spin – change of foot & two changes of position (2 per position and 5 per foot)
Junior	1:30 max.	1. Flying spin of choice (6) 2. Solo spin of choice 960 – may not fly 3. Combination spin – with change of foot & utilizing all three positions (2 per position & 5 per foot)
Senior	1:30 max.	1. Flying spin of choice (6) 2. Solo spin of choice 960 – may not fly 3. Combination spin – with change of foot & utilizing all three positions (2 per position & 5 per foot)

ADULT LEVELS SPIN EVENTS

This event is a standard U.S. Figure Skating Nonqualifying Competition
LG/10-1-14



General event parameters:

Spins may be skated in any order, not repeated. Only required elements may be included.

Minimum number of revolutions are noted in parentheses.

Connecting steps are allowed, but will not be taken into consideration in scoring.

All events are skated on ½ ice with no music.

Genders may be combined.

Level	Time	Skating rules / standards
Adult Pre-Bronze	1:00 max.	<ol style="list-style-type: none"> 1. One-foot upright spin (3) 2. Two-foot upright spin (3)
Adult Bronze	1:00 max.	<ol style="list-style-type: none"> 1. One-foot upright spin (3) 2. Two-foot upright spin (3) 3. Sit spin (3)
Adult Silver	1:15 max.	<ol style="list-style-type: none"> 1. Camel Spin (3) 2. Layback, sideways leaning or sit spin (4) 4. Combination spin with at least one change of position, no change of foot (3 in each position)
Adult Gold	1:15 max.	<ol style="list-style-type: none"> 1. Solo spin, no change of foot 2. Second solo spin, different from the first; change of foot optional (4) 3. Combination spin with at only one change of foot and at least one change of position (4 each foot),
Masters Intermediate/Novice	1:30 max.	<ol style="list-style-type: none"> 1. Solo spin of skater's choice (min. 6 revolutions) 2. Second solo spin, different from the first; change of foot optional (4) May have a flying entry 3. Combination spin that may have more than one change of foot and at least one change of position (4 each foot)
Masters Junior/Senior.	1:30 max.	<ol style="list-style-type: none"> 1. Solo spin of skater's choice (min. 8 revolutions) 2. Solo spin with a flying entry 3. Combination spin that may have more than one change of foot and at least one change of position (4 each foot) May have flying entry

PAIRS FREE SKATING EVENTS

Pairs events will be conducted in accordance with the U.S. Figure Skating rulebook. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

A. Pre-juvenile – senior (copy & paste appropriate chart below or simply paste the link from the website here).

PAIRS SHORT PROGRAM EVENTS

Pairs events will be conducted in accordance with the U.S. Figure Skating rulebook. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

A. Intermediate short program – Rule 5230

B. Novice short program – Rule 5220

C. Junior short program – Rule 5210

D. Senior short program – Rule 5200

SHOWCASE EVENTS

- Dramatic Entertainment (Solo)

Programs should express intense emotional connection and investment in the music, choreography and theme concept through related skating movements, gestures and physical actions

- Light Entertainment (Solo)

Showcase program that should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions.

- Duets

Duets are theatrical or artistic performances by any two competitors

Note: For all Dramatic Entertainment, Light Entertainment and Duet events:

- o Skater may enter only one duet event each
- o Props and scenery are permitted.
- o General event parameters: The highest free skate or dance (solo or partnered) test passed determines the level. For duets, this is based on the highest test level passed by any one member of the duet. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- o Current guidelines and procedures for non-qualifying showcase competitions can be found at www.usfigureskating.org under "Programs" on the National Showcase page

EVENT LEVELS, AGES, TEST REQUIREMENTS AND PERFORMANCE TIMING

Except for Adult events, skaters must compete at the highest level for which they qualify.

For Solo Dramatic Entertainment, Solo Light Entertainment, and Duet:

	Event	Must meet requirements* Must have passed Free Skating or Dance test (solo or partnered standard track)	Must not have passed	Age	Time
Singles or Duets (Duets must compete at the highest test level of the two skaters and both members of a duet must meet at least the minimum test pre-requisite for Preliminary)	Preliminary	Preliminary Free Skate	Pre Juvenile Free Skate OR Juvenile Free Dance	No minimum age (max age 20)	1:40 max
	Pre-Juvenile	Pre-Juvenile Free Skate	Juvenile Free Skate Or Juvenile Free Dance	No minimum age (max age 20)	1:40 max
	Juvenile	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	13 and under	2:10 max
	Teen	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	14-17	2:10 max
	Intermedi	Intermediate Free Skate	Novice Free Skate	17 and under	2:10 max

This event is a standard U.S. Figure Skating Nonqualifying Competition
LG/10-1-14



Free Skating or Adult Bronze Level.)	ate	OR Intermediate Free Dance	OR Novice Free Dance			
	Young Adult	Juvenile Free Skate OR Juvenile Free Dance	Novice Free Skate OR Novice Free Dance	18-20	2:10 max	
	Novice	Novice Free Skate OR Novice Free Dance	Junior Free Skate OR Junior Free Dance		2:10 max	
	Junior	Junior Free Skate OR Junior Free Dance	Senior Free Skate OR Senior Free Dance		2:40 max	
	Senior	Senior Free Skate OR Senior Free Dance			2:40max	
	Event	Must meet requirements* Must have passed Frekk Skating or Dance test (solo or partneted standard track)	Must not have passed	Age	Time	
	Adult Bronze	Adult Bronze Free Skate Preliminary Free Skate Juvenile Free Dance OR Complete Pre-Bronze Dance Test** (prior to 4/30/17)	Adult Silver Free Skate Pre Juvenile Free Skate Adult Silver Free Dance Intermediate Free Dance Preliminary FD (prior to 9/2/2000) OR 3rd Figure (prior to 10/1/77) OR Any Pre-Silver Dance**	21 and older	1:40 max	
Adult Silver	Adult Silver Free Skate Juvenile FS (prior to 10/1/94) Pre Juvenile FS Adult Silver Free Dance Intermediate Free Dance Preliminary FD (prior to 9/2/2000) 3rd Figure (prior to 10/1/77) OR One Pre-Silver Dance**	Adult Gold Free Skate Juvenile FS (On/after 10/1/94) Adult Gold Free Dance Novice Free Dance Bronze FD (prior to 9/2/2000) 4th Figure (prior to 10/1/77) OR Any Pre-Gold Dance**	21 and older	1:40 max		
Adult Gold	Adult Gold Free Skate Juvenile Free Skate Adult Gold Free Dance Novice Free Dance 3rd Figure (prior to 10/1/77) OR One Pre-Gold Dance**	Intermediate FS (on/after 10/1/91) Junior Free Dance Silver FD (Prior to 9/2/2000) 5th Figure Test (prior to 10/1/77) OR Complete Pre-Gold Dance Test**	21 and older	1:40 max		

	Masters	Intermediate Free Skate Adult Gold Free Dance Junior Free Dance Silver FD (Prior to 9/2/2000) 3rd Figure Test (prior to 10/1/77) 8th Figure Test (10/1/77- 9/30/79) OR Complete Pre- Gold Dance Test**		21 and older	1:40 max
Mini Production	Open				3:10 max
Production	Open				6:15 max